

AMERICA'S HEALTH RANKINGS™ 2005 EDITION

A Call to Action for People and Their Communities

Intro and Findings	Components	State Snapshots	Methodology	Commentaries and Special Features
Foreword and Introduction	Selection of Components	State-by-State Snapshots	Methodology	Letter from Michael Leavitt, Secretary, US Health and Human Services <i>Putting Patients First with Personal Health Information Technology</i> by Myrl Weinberg, President, National Health Council
Measures of Success	Combined Measures: Risk Factors/Outcomes	All State Snapshots	Weighting of Components	<i>How do Health Care Systems Recover, and Even Improve, After a Catastrophe?</i> by Frederick Cerise, MD, Secretary, Louisiana Department of Health and Hospitals
2005 Results		Appendices		<i>Healthy Workforce = Healthy Business = Healthy State</i> by John Clymer, President, Partnership for Prevention
Changes from 2004, 1990	Risk Factors ▶	Index of Tables		<i>Investing in Prevention to Improve Our Health</i> by Georges Benjamin, Executive Director, American Public Health Association
Comparison to Other Nations	Outcomes ▶	Health Disparities		<i>Importance of Creating a Smokefree Environment Great Progress, More Work Ahead</i> by John Kirkwood, President and CEO, American Lung Association <i>Teen Pregnancy in America</i> by Sarah Brown, Executive Director, National Campaign to Prevent Teen Pregnancy

Delaware

Ranking:

Delaware is 33rd this year; it was 32nd in 2004.

Strengths:

Strengths include high per capita public health spending at \$246 per person, high immunization coverage with 86.0 percent of children ages 19 to 35 months receiving complete immunizations and a low prevalence of obesity at 21.0 percent of the population.

Challenges:

Challenges include a high violent crime rate at 568 offenses per 100,000 population, a high incidence of infectious disease at 30.8 cases per 100,000 population and a high infant mortality rate at 8.1 deaths per 1,000 live births.

Significant Changes:

↓ In the past year, the prevalence of

Delaware	2005		2004		
RISK FACTORS-PERSONAL BEHAVIORS	Value	Rank	Value	Rank	Value
Prevalence of Smoking (Percent of population)	24.3 ↑	39	21.9	22	3
Motor Vehicle Deaths (Deaths per 100,000,000 miles driven)	1.5	25	1.6	27	2
Prevalence of Obesity (Percent of population)	21.0 ↓	11	24	35	1
High School Graduation (Percent of incoming ninth graders)	62	40	62	40	7
RISK FACTORS-COMMUNITY ENVIRONMENT					
Violent Crime (Offenses per 100,000 population)	568	42	599	42	4
Lack of Health Insurance (Percent without health insurance)	14.5 ↑	29	11.1	14	9
Infectious Disease (Cases per 100,000 population)	30.8 ↓	45	34.2	45	4

obesity decreased from 24.0 percent to 21.0 percent of the population.

↑ In the past year, the percentage of children in poverty increased from 11.0 percent to 13.0 percent of persons under age 18.

↓ Since 1990, the infant mortality rate declined from 11.6 to 8.1 deaths per 1,000 live births.

↑ Since 1990, the rate of uninsured population increased from 9.1 percent to 14.5 percent.

Health Disparities:

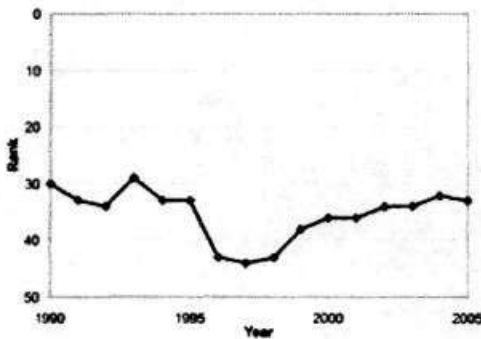
In Delaware, the infant mortality rate varies from a low of 7.9 deaths per 1,000 live births for non-Hispanic whites to a high of 14.9 deaths for non-Hispanic blacks. Cholesterol screening within the past five years is more extensive for American Indians, at 83.6 percent of the population age 18 and older and less extensive for Asians / Pacific Islanders, at 68.6 percent.

Teen Pregnancy:


Births per 1,000 teenage females decreased 23.3 percent from 60.4 births in 1991 to 46.3 births in 2002. If this decline hadn't occurred, there would be an additional 9.6 percent of children under age 6 in poverty in 2002.

State Health Department Web Site:
www.dhss.delaware.gov/dhss/

Children in Poverty (Percent of persons under age 18)	13.0 ↑	17	11	6	8
Occupational Fatalities (Deaths per 100,000 workers)	4.9	19	4.6	15	8
RISK FACTORS-HEALTH POLICIES					
Per Capita Public Health Spending (\$ per person)	\$246	8	\$226	9	
Adequacy of Prenatal Care (Percent of pregnant women)	78.1	20	79.7	12	
Immunization Coverage (Percent of children age 19-35 months)	86.0 ↑	9	76.3	39	
OUTCOMES					
Limited Activity Days (Days in previous 30 days)	—	16	2	18	3
Cardiovascular Deaths (Deaths per 100,000 population)	321.4	27	326.9	27	41
Cancer Deaths (Deaths per 100,000 population)	210.2	34	217.9	45	22
Total Mortality (Deaths per 100,000 population)	872.5	31	874.8	30	92
Infant Mortality (Deaths per 1,000 live births)	8.1	40	8.7	45	1
Premature Death (Years lost per 100,000 population)	7,901	30	8,361	40	8
OVERALL RANK		33		32	
↑ and ↓ indicate major increases and decreases in the last year. — indicates data not available					



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U.S. Census Bureau
State Rankings -- Statistical Abstract of the United States**INFANT MORTALITY RATE -- 2002**

[When states share the same rank, the next lower rank is omitted. Because of rounded data, states may have identical values shown, but different ranks. Cautionary note about rankings]

State	Rate \1	Rank
United States	7.0	(X)
Alabama	9.1	5
Alaska	5.5	43
Arizona	6.4	31
Arkansas	8.3	10
California	5.5	43
Colorado	6.1	35
Connecticut	6.5	29
Delaware	8.7	8
District of Columbia	11.3	(X)
Florida	7.5	17
Georgia	8.9	7
Hawaii	7.3	22
Idaho	6.1	35
Illinois	7.4	20
Indiana	7.7	15
Iowa	5.3	46
Kansas	7.1	24
Kentucky	7.2	23
Louisiana	10.3	1
Maine	4.4	49
Maryland	7.5	17
Massachusetts	4.9	48
Michigan	8.1	12
Minnesota	5.4	45
Mississippi	10.3	1
Missouri	8.5	9
Montana	7.5	17
Nebraska	7.0	25
Nevada	6.0	37

New Hampshire	5.0	47
New Jersey	5.7	41
New Mexico	6.3	33
New York	6.0	37
North Carolina	8.2	11
North Dakota	6.3	33
Ohio	7.9	14
Oklahoma	8.1	12
Oregon	5.8	39
Pennsylvania	7.6	16
Rhode Island	7.0	25
South Carolina	9.3	4
South Dakota	6.5	29
Tennessee	9.4	3
Texas	6.4	31
Utah	5.6	42
Vermont	4.4	49
Virginia	7.4	20
Washington	5.8	39
West Virginia	9.1	5
Wisconsin	6.9	27
Wyoming	6.7	28

X Not applicable.

\1 Represents deaths of infants under 1 year old per 1,000 live births, by place of residence. Excludes fetal deaths.

Source: U.S. National Center for Health Statistics.
See Table 105, Statistical Abstract of the United States, 2006.

For more information see <http://www.cdc.gov/nchs/default.htm>

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THE WORLD FACTBOOK



Rank Order - Infant mortality rate

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Countries for which no information is available are not included in this list.

Rank	Country	Infant mortality rate (deaths/1,000 live births)	Date of Information
1	<u>Angola</u>	185.36	2006 est.
2	<u>Sierra Leone</u>	160.39	2006 est.
3	<u>Afghanistan</u>	160.23	2006 est.
4	<u>Liberia</u>	155.76	2006 est.
5	<u>Mozambique</u>	129.24	2006 est.
6	<u>Niger</u>	118.25	2006 est.
7	<u>Somalia</u>	114.89	2006 est.
8	<u>Mali</u>	107.58	2006 est.
9	<u>Tajikistan</u>	106.49	2006 est.
10	<u>Guinea-Bissau</u>	105.21	2006 est.
11	<u>Djibouti</u>	102.44	2006 est.
12	<u>Bhutan</u>	98.41	2006 est.
13	<u>Nigeria</u>	97.14	2006 est.
14	<u>Tanzania</u>	96.48	2006 est.
15	<u>Malawi</u>	94.37	2006 est.
16	<u>Ethiopia</u>	93.62	2006 est.
17	<u>Chad</u>	91.45	2006 est.
18	<u>Burkina Faso</u>	91.35	2006 est.
19	<u>Guinea</u>	90.00	2006 est.
20	<u>Rwanda</u>	89.61	2006 est.
21	<u>Equatorial Guinea</u>	89.21	2006 est.

166	<u>Bermuda</u>	8.30	2006 est.
167	<u>French Polynesia</u>	8.29	2006 est.
168	<u>Cayman Islands</u>	8.00	2006 est.
169	<u>Virgin Islands</u>	7.86	2006 est.
170	<u>Estonia</u>	7.73	2006 est.
171	<u>Reunion</u>	7.63	2006 est.
172	<u>New Caledonia</u>	7.57	2006 est.
173	<u>Saint Pierre and Miquelon</u>	7.38	2006 est.
174	<u>Slovakia</u>	7.26	2006 est.
175	<u>Poland</u>	7.22	2006 est.
176	<u>Montserrat</u>	7.19	2006 est.
177	<u>Cyprus</u>	7.04	2006 est.
178	<u>Northern Mariana Islands</u>	6.98	2006 est.
179	<u>Martinique</u>	6.95	2006 est.
180	<u>Israel</u>	6.89	2006 est.
181	<u>Guam</u>	6.81	2006 est.
182	<u>Lithuania</u>	6.78	2006 est.
183	<u>Croatia</u>	6.72	2006 est.
184	<u>United States</u>	6.43	2006 est.
185	<u>Taiwan</u>	6.29	2006 est.
186	<u>Cuba</u>	6.22	2006 est.
187	<u>Korea, South</u>	6.16	2006 est.
188	<u>Faroe Islands</u>	6.12	2006 est.
189	<u>Italy</u>	5.83	2006 est.
190	<u>Isle of Man</u>	5.82	2006 est.
191	<u>Aruba</u>	5.79	2006 est.
192	<u>New Zealand</u>	5.76	2006 est.
193	<u>San Marino</u>	5.63	2006 est.
194	<u>Greece</u>	5.43	2006 est.
195	<u>Monaco</u>	5.35	2006 est.
196	<u>Ireland</u>	5.31	2006 est.
197	<u>Jersey</u>	5.16	2006 est.
198	<u>European Union</u>	5.10	2006 est.
199	<u>United Kingdom</u>	5.08	2006 est.
200	<u>Gibraltar</u>	5.06	2006 est.
201	<u>Portugal</u>	4.98	2006 est.



202	<u>Netherlands</u>	4.96	2006 est.
203	<u>Luxembourg</u>	4.74	2006 est.
204	<u>Canada</u>	4.69	2006 est.
205	<u>Guernsey</u>	4.65	2006 est.
206	<u>Liechtenstein</u>	4.64	2006 est.
207	<u>Australia</u>	4.63	2006 est.
208	<u>Belgium</u>	4.62	2006 est.
209	<u>Austria</u>	4.60	2006 est.
210	<u>Denmark</u>	4.51	2006 est.
211	<u>Slovenia</u>	4.40	2006 est.
212	<u>Spain</u>	4.37	2006 est.
213	<u>Macau</u>	4.35	2006 est.
214	<u>Switzerland</u>	4.34	2006 est.
215	<u>France</u>	4.21	2006 est.
216	<u>Germany</u>	4.12	2006 est.
217	<u>Andorra</u>	4.04	2006 est.
218	<u>Czech Republic</u>	3.89	2006 est.
219	<u>Malta</u>	3.86	2006 est.
220	<u>Norway</u>	3.67	2006 est.
221	<u>Finland</u>	3.55	2006 est.
222	<u>Iceland</u>	3.29	2006 est.
223	<u>Japan</u>	3.24	2006 est.
224	<u>Hong Kong</u>	2.95	2006 est.
225	<u>Sweden</u>	2.76	2006 est.
226	<u>Singapore</u>	2.29	2006 est.

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